

Please convert the following into Joules.

1. 3.56 kilojoules
- $1 \times 10^3 \text{ J} = 1 \text{ kJ}$
- or
- $1000 \text{ J} = 1 \text{ kJ}$

$$\frac{3.56 \cancel{\text{ kJ}}}{1 \cancel{\text{ kJ}}} \times \frac{1 \times 10^3 \text{ J}}{1} = 3560 \text{ J} \quad \text{rounded to sig fig} = 3560 \text{ J}$$

2. 5.6 kilocalories 2 steps!!
- $1 \times 10^3 \text{ cal} = 1 \text{ kcal}$
- +
- $1 \text{ cal} = 4.184 \text{ J}$

$$\frac{5.6 \cancel{\text{ kcal}}}{1 \cancel{\text{ kcal}}} \times \frac{1 \times 10^3 \text{ cal}}{1} = 5600 \text{ cal} \quad \frac{5600 \cancel{\text{ cal}}}{1 \cancel{\text{ cal}}} \times \frac{4.184 \text{ J}}{1} = 23430.4 \text{ J}$$

rounded to sig fig = 23000 J

3. 89 calories
- $1 \text{ cal} = 4.184 \text{ J}$

$$\frac{89 \cancel{\text{ cal}}}{1 \cancel{\text{ cal}}} \times \frac{4.184 \text{ J}}{1} = 428.446 \text{ J} \quad \text{rounded to sig fig} = 430 \text{ J}$$

Please convert the following into calories.

4. 4500 joules
- $1 \text{ cal} = 4.184 \text{ J}$

$$\frac{4500 \cancel{\text{ J}}}{4.184 \cancel{\text{ J}}} \times \frac{1 \text{ cal}}{1} = 1075.525813 \text{ cal} \quad \text{rounded to sig figs} = 1100 \text{ cal}$$

5. 587 kilojoules 2 steps!!
- $1 \times 10^3 \text{ J} = 1 \text{ kJ}$
- and
- $1 \text{ cal} = 4.184 \text{ J}$

$$\frac{587 \cancel{\text{ kJ}}}{1 \cancel{\text{ kJ}}} \times \frac{1 \times 10^3 \text{ J}}{1} = 587000 \text{ J} \quad \frac{587000 \cancel{\text{ J}}}{4.184 \cancel{\text{ J}}} \times \frac{1 \text{ cal}}{1} = 140296.3671 \text{ cal}$$

rounded to sig fig =  $1.40 \times 10^5 \text{ cal}$ 

6. 4.80 kilocalories
- $1 \times 10^3 \text{ cal} = 1 \text{ kcal}$
- or
- $1000 \text{ cal} = 1 \text{ kcal}$

$$\frac{4.80 \cancel{\text{ kcal}}}{1 \cancel{\text{ kcal}}} \times \frac{1 \times 10^3 \text{ cal}}{1} = 4800 \text{ cal}$$

rounded to sig figs =  $4.80 \times 10^3 \text{ cal}$

\*\*\* = Note these two problems could be solved in 1 step using  $1 \text{ Kcal} = 4.184 \text{ KJ}$

Please convert the following into kilojoules.

\*\*\* 7. 45 kilocalories 3 steps !!  $1 \times 10^3 \text{ cal} = 1 \text{ Kcal}$  and  $1 \text{ cal} = 4.184 \text{ J}$  and  $1 \times 10^3 \text{ J} = 1 \text{ KJ}$

$$\textcircled{1} \frac{45 \text{ Kcal}}{1 \text{ Kcal}} \times \frac{1 \times 10^3 \text{ cal}}{1 \text{ Kcal}} = 45000 \text{ cal}$$

$$\textcircled{2} \frac{45000 \text{ cal}}{1 \text{ cal}} \times \frac{4.184 \text{ J}}{1 \text{ cal}} = 188280 \text{ J}$$

$$\textcircled{3} \frac{188280 \text{ J}}{1 \times 10^3 \text{ J}} = 188.280 \text{ KJ} \quad \text{rounded to sig fig} = 190 \text{ KJ}$$

8. 850 calories 2 steps !!  $1 \text{ cal} = 4.184 \text{ J}$  and  $1 \times 10^3 \text{ J} = 1 \text{ KJ}$

$$\frac{850 \text{ cal}}{1 \text{ cal}} \times \frac{4.184 \text{ J}}{1 \text{ cal}} = 3556.4 \text{ J}$$

$$\frac{3556.4 \text{ J}}{1 \times 10^3 \text{ J}} = 3.5564 \text{ KJ}$$

9. 905 joules  $1 \times 10^3 \text{ J} = 1 \text{ KJ}$

rounded to sig fig = 3.6 KJ

$$\frac{905 \text{ J}}{1 \times 10^3 \text{ J}} = 0.905 \text{ KJ}$$

rounded to sig figs = 0.905 KJ

Please convert the following into kilocalories.

\*\*\* 10. 790 kilojoules 3 steps !!  $1 \times 10^3 \text{ J} = 1 \text{ KJ}$  and  $1 \text{ cal} = 4.184 \text{ J}$  and  $1 \times 10^3 \text{ cal} = 1 \text{ Kcal}$

$$\textcircled{1} \frac{790 \text{ KJ}}{1 \text{ KJ}} \times \frac{1 \times 10^3 \text{ J}}{1 \text{ KJ}} = 790000 \text{ J}$$

$$\textcircled{2} \frac{790000 \text{ J}}{4.184 \text{ J}} \times \frac{1 \text{ cal}}{4.184 \text{ J}} = 188814.5315 \text{ cal}$$

$$\textcircled{3} \frac{188814.5315 \text{ cal}}{1 \times 10^3 \text{ cal}} \times \frac{1 \text{ Kcal}}{1 \times 10^3 \text{ cal}} = 188.8145315 \text{ Kcal}$$

11. 563 calories

$1 \times 10^3 \text{ cal} = 1 \text{ Kcal}$

rounded to sig figs = 190 Kcal

$$\frac{563 \text{ cal}}{1 \times 10^3 \text{ cal}} \times \frac{1 \text{ Kcal}}{1 \times 10^3 \text{ cal}} = 0.563 \text{ Kcal} \quad \text{rounded to sig fig} = 0.563 \text{ Kcal}$$

12. 980 joules 2 steps !!  $1 \text{ cal} = 4.184 \text{ J}$  and  $1 \times 10^3 \text{ cal} = 1 \text{ Kcal}$

$$\frac{980 \text{ J}}{4.184 \text{ J}} \times \frac{1 \text{ cal}}{4.184 \text{ J}} = 234.2256214 \text{ cal}$$

$$\frac{234.2256214 \text{ cal}}{1 \times 10^3 \text{ cal}} \times \frac{1 \text{ Kcal}}{1 \times 10^3 \text{ cal}} = 0.2342256214 \text{ Kcal}$$

rounded to sig fig = 0.23 Kcal